# Are you experiencing financial difficulty? Are you worried about the rising cost of living?

We recognise that some of our customers will be impacted by changes relating to increasing energy prices, and the inflating costs of everyday living. Don't be afraid to ask for help, we are here for you.

> Call us on 0800 085 0160.

#### Foodbank

If you need a referral, we can do that for you, you only need to ask.

#### Struggling with your rent payment?

Reach out to your Income Officer and speak to us about the worries you have, we are here to help.

#### We can support you with:

Employment and budgeting support and many other types of support at our drop-in every Friday between 11am and 1pm at The Pod 13-21 Humphrey Avenue, B60 3JB.

#### Contact us about budgeting assistance

**bdht** has dedicated officers that can assist with your financial concerns by helping you manage your budget and maximising your income.

# Are you receiving all the benefits you are entitled to?

Try our online calculator or speak to one of our budget coaches: bdhtaffordability.entitledto.co.uk/home/start

## Enquire about support available to you

You may be eligible for support towards energy costs and essential items through various government funded schemes:

Act on Energy actonenergy.org.uk/project/worcestershire-hsf/ or call 0800 988 2881

> Household Support Grant Call 0800 085 0160



### **Debt** advice

If you need debt advice, please use the following free services:

CAB

citizensadviceworcester.org.uk/ or call 0808 278 7890

Step Change www.stepchange.org or call 0800 054 6734

**My Money Health Check** www.which.co.uk/tool/my-money-health-check#finance-situation

Money Helper www.moneyhelper.org.uk/en

Mental Health Support www.mind.org.uk/